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**Title:** Obesity and type 2 diabetes : cardiovascular and cerebral aspects  
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Stellingen behorende bij het proefschrift

**Obesity and Type 2 Diabetes: Cardiovascular and Cerebral Aspects**

1. Fatty liver is related to subtle deterioration of heart function and central arterial elasticity. *This thesis.*
2. Right ventricular dysfunction is a component of diabetic cardiomyopathy. *This thesis.*
4. Visceral rather than subcutaneous adiposity is associated with microstructural brain tissue damage. *This thesis.*
5. Type 2 diabetes is becoming the plague of the 21st century. With the so-called diabesity epidemic the disease threatens to reduce life expectancy for future generations globally. Pournaras DJ, le Roux CW. *Lancet* 2015;386:936-937.
7. Right ventricular failure cannot be understood simply by extrapolating data and experience from left ventricular failure. Voelkel NF *et al.* Circulation 2006;114:1883-1891.
8. Current evidence suggests that obesity and the consequences of obesity, including midlife hypertension, diabetes, and cerebrovascular disease, contribute significantly to cognitive decline and accelerate the development of dementia. Bruce-Keller AJ *et al.* Biochim Biophys Acta 2009;1792:395-400.
9. You can’t connect the dots looking forward, you can only connect them looking backwards. *Steve Jobs*, 2005.
10. Het leven is minder zwaar als je niets op je lever hebt.