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Metallic nanoparticles have opened the possibility of imaging, tracking and manipulating biological samples without time limitations. Their low photoluminescence quantum yield however, makes them hard to detect under high background conditions. In this study we show that it is possible to image gold nanorods by detecting their anti-Stokes emission under resonant excitation. We show that even in the membrane of a cell containing the fluorescent dye ATTO647N, the signal-to-background ratio of the anti-Stokes emission can be higher than 10, while it is impossible to image the particles with the Stokes emission. The main advantage of this technique is that it does not require any major change in existing fluorescence imaging setups, only the addition of an appropriate short-pass filter in the detection path.

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3.1. INTRODUCTION

High-resolution microscopy has become an indispensable tool for studying biological samples both in vitro and in vivo[1]. Fluorescent organic dyes are commonly employed to such ends because of their reduced size and high quantum yield[2]. Fluorophores, however, have an inherent constraint in the possible observation time, since molecules eventually bleach under intense illumination[3]. Even the most photostable dyes cannot be imaged at saturation for longer than few tens of seconds. Gold nanoparticles on the other hand are almost indefinitely stable[4] and open up many original applications including photothermal therapy[5] and imaging[6].

As gold nanoparticles do not blink nor bleach[7, 8], they are ideal candidates for labelling[9], tracking[10] and manipulating[11] biological samples over extended periods of time. Moreover it has been shown that with the proper size and coating, they do not interfere with cells’ functioning[12], allowing not only in vitro but also in vivo studies. Compared to organic dyes, gold nanoparticles are much larger and their emission quantum yield is much smaller, in the order of $10^{-6}$[13]. This minute value is compensated by an absorption cross section several orders of magnitude larger than that of molecules[14], therefore the brightness of gold nanoparticles is comparable to that of fluorescent molecules under the same illumination intensity.

Since the absorption cross section of the particles scales as their volume, detecting smaller particles in presence of background requires a specific approach. Several techniques have been proposed, including two-photon excitation[6], photothermal heterodyne detection[15] and interferometric detection[16]. Each of these methods is useful but their operation requires dedicated setups and a high level of expertise. A method that allows to image gold nanoparticles with a high background rejection and that is readily implementable in current confocal and wide-field microscopes would provide great benefits.

Gold nanoparticles exhibit a collective oscillation of conduction electrons called surface plasmon resonance[17]. This resonance strongly depends on the shape of the particles[18, 19]. Spheres with radius roughly between 5 and 80 nm will have a resonance between 520 nm and 560 nm; more elongated particles such as nano-rods or bipyramids[20] exhibit red-shifted longitudinal resonances that reach wavelengths of 800 nm or longer[21]. It is important to note that tuning the shape of the particles can be easily achieved by synthesis and that relatively narrow size distributions can be obtained[22].

The plasmon is responsible for enhanced absorption and scattering cross sections[23] of particles for specific wavelengths but it is also responsible for enhanced photoluminescence emission in the spectral region of the plasmon resonance. In this work luminescence is referred to all the emission arising from a nanoparticle at wavelengths different than the excitation wavelength. Because of the absence of a gap in the excited states spectrum of gold nanoparticles, their photoluminescence excitation spectra overlaps their emission spectrum[13], a very different situation from the Stokes-shifted emission of fluorescent molecules and semiconductor nanocrystals. Upon excitation of gold nanoparticles at their plasmon resonance maximum, most of the emission will be concentrated in a narrow spectral region around the excitation. A portion of the luminescence emission will therefore have the same wavelength than the excitation, making it indistinguishable
from elastic scattering. But this region of the spectrum will be blocked by the filters that, in fluorescence detection experiments, prevent direct excitation light from reaching the detectors.

It is also possible to excite the particles off-resonance with a shorter wavelength laser (for instance through interband transitions with 532 nm) and the emission will be mostly concentrated around the longitudinal plasmon resonance of nanorods at longer wavelengths. This is the closest situation to the behavior of a fluorophore, in which the Stokes-shifted emission can be easily detected by introducing a long-pass filter. The drawback, however, is that the cross section of particles is much smaller at this wavelength and can only be compensated by increasing the excitation power.

Figure 3.1 shows typical spectra of a gold nanorod under different excitation wavelengths. The green curve is the one-photon-excited luminescence spectrum around the longitudinal plasmon resonance, observed while irradiating with 532 nm laser; the full spectrum of the longitudinal plasmon is clearly observable with its resonance at 620 nm. The particle can also be excited at or close to its resonance, where its absorption cross section is maximum.

Figure 3.1 shows the emission spectra upon excitation at 633 nm, depicted as the vertical black line. The red curve is the Stokes-shifted emission; the spectral shape of this emission overlaps with the one observed exciting at 532 nm. Exciting in resonance is more efficient and therefore the emission is much brighter. The blue curve in fig. 3.1 displays the anti-Stokes emission at shorter wavelengths. In this case the spectral shape doesn't resemble that of the plasmon resonance. The exponential-like decay of the anti-Stokes spectrum can be modelled with Boltzmann statistics\[24\] of the bath (phonons and electrons) energy levels that are present in gold nanoparticles at room temperature. In both cases it is clear from the shape of spectra that the filters block an important part of the emission close to the plasmon maximum.

This work focuses in the exploitation of the anti-Stokes luminescence\[25\] for imaging of gold nanorods in biologically relevant conditions. This scheme benefits from the
enhanced absorption cross section of the particles, their high photo-stability and fairly narrow emission spectra. When exciting in resonance with the plasmon, a short-pass filter can be introduced allowing the observation of only the anti-Stokes emission. This procedure highly reduces the background arising from self-fluorescence and Raman-scattering from cells, most of it being Stokes-shifted. Reducing the background therefore opens the possibility of imaging and tracking smaller particles or using lower excitation powers.

The anti-Stokes emission mechanism\cite{24} is depicted in Figure 3.2 and can be described as follows: an absorbed photon generates a collective oscillation of the conduction electrons. After a fast loss of the coherence\cite{26}, the state of the particle can be described as an electron-hole pair. The hole and/or the electron can interact with thermal baths, i.e. with phonons of the gold lattice\cite{27} or thermally excited charge carriers\cite{28}. There are three possibilities after the interaction with baths: i) Electron and hole loose energy to the bath before recombining radiatively, giving rise to Stokes-shifted emission. ii) The interactions with baths can transiently increase the energy difference between electron and hole; if then they recombine radiatively, the emitted photon will have higher energy (shorter wavelength) than the incoming photon\cite{29}. Or iii) electron and hole can recombine non-radiatively, transferring their whole energy to the lattice.

The probability of a radiative recombination of electrons and holes is low, as can be experimentally determined by the very low emission quantum yield of the photoluminescence\cite{13, 20, 26}. Anti-Stokes emission stems from electron-hole recombination events after the electron-hole pair has transiently gained energy from the lattice, i.e., before it thermalizes. Even if the anti-Stokes scenario is unlikely, it is frequent enough
as to observe an intensity in the range of $10^3$ counts per second on an avalanche photodiode with excitation powers around 16kW/cm$^2$. Such relatively high detection rates require enhancement of the emission probability through the proximity of the plasmon resonance[30].

The main advantage of the approach presented in this work is the simplicity of its implementation. With any confocal or wide-field setup enabling resonant excitation of gold nano-particles, one can exploit the anti-Stokes photoluminescence by inserting a proper short-pass filter in the detection path. As we will see below, single gold nanoparticles can be detected even in higher background conditions such as a stained cell, or a highly self-fluorescent sample.

### 3.2. EXPERIMENTAL METHOD

Images of gold nanorods were recorded by sample scanning employing a XYZ piezo stage (PI Nano Cube) in a home-built confocal microscope, sketched in Figure B.1a. The objective employed was an oil-immersion Olympus 60X NA 1.4 that allowed a high efficiency in both exciting the particles and collecting their emission. The luminescence arising from the particles was filtered and detected by either an avalanche photodiode or a liquid-nitrogen-cooled CCD-spectrometer (Acton 500i). An example of an image can be seen in Figure B.1b. To detect the anti-Stokes luminescence, a 633nm short-pass filter (Semrock) was added to the detection path together with a 633nm notch filter. Both filters were needed simultaneously since neither of them was able to entirely block the excitation light from the detectors. The Stokes luminescence was collected replacing the short-pass filter with a 633nm long-pass (Semrock).

Gold nanorods were synthesized by following the standard seeded-growth method[22]. The average size of the nanorods was 50 nm $\times$ 23 nm and their SPR was located at around 650 nm in water. Figure B.2 shows the extinction spectrum of a suspension of the nanoparticles after synthesis and Fig. B.4 shows a TEM image of the rods.

Two different laser wavelengths were employed. A CW 532nm laser (CNI) was used to excite the transverse plasmon and the full longitudinal plasmon spectrum was collected. Single nanorods exhibit a narrow Lorentzian-shaped luminescence spectrum as displayed in Figure B.1c. A second CW laser (Thorlabs HeNe) with a wavelength of 633nm allowed us to excite the particles in resonance and collect either the Stokes or the anti-Stokes emission depending on the analysis filters. Both lasers were focused to a diffraction-limited spot through the high NA objective.

Figure 3.3 shows a scatter plot of the Stokes and anti-Stokes emission intensities of 75 gold nanorods against their plasmon peak position. The anti-Stokes emission was calculated by integrating the recorded spectra at wavelengths shorter than the excitation laser, while the opposite was done for the Stokes. This can also be directly measured by recording the emission intensity after a short pass or long pass filter. The large dispersion of the points observed can be attributed to the distribution of sizes of the rods inherent to the synthesis method[31] (bigger particles will have a bigger cross section) and probably to different photoluminescence quantum yields for different individual particles. Because the particles were first deposited on glass directly and because they were excited with circularly polarized light, their orientation shouldn't influence their photoluminescence intensity.
It is possible to observe that the maximum emission intensity for the anti-Stokes appears for those particles with their plasmon slightly blue-shifted from the laser wavelength, while the opposite is observed for the Stokes emission. This means that there is a trade-off between the excitation efficiency and the collection efficiency: exciting in perfect resonance is more efficient, but the filters will eliminate most of the luminescence. Therefore exciting slightly to the blue (red) of the resonance will be beneficial for the (anti-)Stokes imaging.

Particles with a plasmon resonance slightly to the blue of the laser show an anti-Stokes emission roughly 10 times weaker than the Stokes emission. This would imply that the quantum yield of the emission at shorter wavelengths is 10 times smaller than the emission at longer wavelengths and therefore would be in the order of $10^{-7}$ \cite{13, 20, 32, 33}. The spectral dependence of the anti-Stokes emission however, induces a large under estimation of the total intensity. The exponential shape seen in fig. 3.1 implies that the majority of the emission is concentrated close to the laser excitation wavelength and therefore the filters are blocking it. Careful experiments with narrower filters would allow a better characterization of the quantum yield of the anti-Stokes emission.

To prove that the technique is well suited for imaging particles in biological systems, we deposited HeLa cells on top of the nanorod sample. Firstly, nanoparticles were deposited on clean glass coverslips by spin casting a suspension of gold nanorods as described elsewhere\cite{31}. This procedure ensures that the analysis is performed on single nanorods and therefore that the luminescence signals are not arising from clusters of nanorods. It also allowed us to characterize the nanorod emission both by acquiring spectra and by studying the dependency with excitation power, avoiding the diffusion away from the focus.

Secondly, HeLa cells were plated on top of these samples, and grown overnight until they reached a high confluency. Although the obtained images are not equivalent to images of gold nanorods residing in the cytoplasm or nucleus of cells, they would resemble very closely images of rods in cell membranes. This simplified protocol only serves the
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The nanoparticle shown in Fig. 3.1 displays comparable count rates for both the Stokes and anti-Stokes emissions. As explained earlier and shown in Figure 3.3, this is because the excitation laser is slightly red-shifted from the plasmon resonance, the most favorable position for enhancing the anti-Stokes part of the spectrum. Both types of emission are also comparable to the luminescence intensity obtained while exciting at 532 nm. The main difference is the laser intensity employed; the power density for exciting the transverse plasmon with the 532 nm laser was set to 80 kW/cm$^2$, while for both the anti-Stokes and Stokes, the 633 nm laser was set to 15 kW/cm$^2$, 5 times less intense. This suggests that the enhancement of absorption cross section at resonance more than compensates the loss of a significant fraction of the luminescence emission in the laser rejection filter, allowing us to use lower powers.

The three curves in Figure 3.1 also show a very distinctive spectral distribution. The luminescence that arises from the 532 nm excitation spans almost 150 nm, from the laser wavelength up to more than 650 nm. The Lorentzian shape confirms that the emission arises from a single nanorod. The long-pass emission (red curve) spans a range of almost 100 nm, from the excitation at 633 nm to above 700 nm. Finally, the anti-Stokes emission, which requires energy extraction from the thermal bath cannot extend much beyond a few $k_B T$ from the excitation energy. This is the narrowest band, extending from the excitation to about 580 nm. The position of the plasmon resonance to the blue of the excitation laser explains the higher peak intensity of the anti-Stokes spectrum compared to the Stokes spectrum, whereas the total integrated Stokes emission is higher than the anti-Stokes’s.

Figure 3.4 shows two raster scans of the same 7.5 $\times$ 7.5 $\mu$m$^2$ area of the sample with HeLa cells on top of gold nanorods. The left image shows the Stokes emission, where a 633 nm notch and 633 nm long pass filter were employed. The right image corresponds to the anti-Stokes emission, where the same notch and a 633 nm short pass filter were employed; in both cases the irradiation intensity was kept at 30 kW/cm$^2$ at the sample. Most particles are observed in both Stokes and anti-Stokes images but with different intensities. The main difference between the two images is the background count rate. The Stokes image has an average background count rate around 5 kCPS, while the anti-Stokes is below 100 CPS, close to 70 CPS, the dark counts of the detector. Moreover in the Stokes image a structured background can be observed; we attribute this emission to self-fluorescence of the cells. On the other hand, the anti-Stokes image shows a much flatter background and highly distinguishable single particles. Both images display the...
count rate obtained after dark count subtraction.

The circled particles in fig. 3.4 show the different possible situations: Particle 1 is the brightest both in Stokes and anti-Stokes, which can be explained if this is a bigger particle. Particles 2 and 3 are barely distinguishable in the Stokes image, while they are clearly visible in the anti-Stokes. This can be attributed to a higher background level in the Stokes case and by a plasmon resonance of particles 2 and 3 to the blue of the laser, favoring the anti-Stokes emission process. Particles 4 and 5 are visible in both, but particle 4 is brighter than 5 in the Stokes image, while the opposite happens in the anti-Stokes. This is due to a plasmon position that favors more one or the other type of emission, as also shown in fig. 3.3. Figure B.6 shows a larger area of the scan, where it is possible to observe more particles both in the Stokes and anti-Stokes configuration.

The use of the anti-Stokes emission is especially valuable when imaging nanoparticles in high background conditions. To this end we incubated the cells with a solution of ATTO647N. The fluorescent labelling of the cell, even if not specific, resulted in a similar situation to what would be obtained in the case of labelling organelles or the entire cell membrane. This dye was chosen because its absorption maximum is close to 633 nm, the excitation wavelength we employed in these experiments, but also because of its photostability and high quantum yield.

Figure 3.5 shows two raster scans of the samples described above. The right panel shows the anti-Stokes image, in which single particles are clearly distinguishable and marked with a circle. We made sure that the observed spots were nanorods by monitoring their intensity under high illumination conditions and checking that they did not bleach. The left panel shows the Stokes emission, in which no particles can be distinguished from the background. The average background emission in the anti-Stokes image is below 500 CPS, but higher than the dark counts of the detector. The Stokes emission, on the other hand shows an average background intensity around 200 kCPS, two orders of magnitude higher than that observed without the dye.
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Figure 3.5: Raster scan of a nanorod sample covered by HeLa cells containing the fluorescent dye ATTO647N, again using (a) a long pass filter and (b) a short pass filter for photoluminescence detection. No clear nanorod signals can be seen in the Stokes images, whereas they are clearly distinguishable in the anti-Stokes image, proving the advantage of the latter for fluorescence background rejection. The scale bar in both figures is 2 µm in length.

These results indicate that the Stokes image deteriorates much faster than the anti-Stokes in the presence of emitting molecules both from the cell itself or from added dyes. The images show regions with higher emission intensities in both configurations, most probably due to a higher concentration of dye in specific regions of the cell. Figure B.7 shows a larger scan, and the difference in background intensities is more evident. At much higher concentrations than the ones shown in this work, the anti-Stokes emission from the dye becomes significant and can overcome the emission rate from individual particles.

Figure 3.6a shows the dependence of the acquired luminescence and the background as functions of excitation power for both the Stokes and anti-Stokes emissions of a particle below a cell without dye. Care was taken in choosing a particle with a resonance close to the excitation laser, to compare Stokes and anti-Stokes luminescence with similar resonant enhancements. The Stokes emission (red curves) shows a linear increase in signal together with a linear increase in background. In this case the signal-to-background ratio reaches a value of 6. The anti-Stokes emission (blue curves) however shows a much steeper increase of the signal than the background, reaching a signal-to-background ratio of 12. Of course, particles with a plasmon resonance to the blue of the laser wavelength show an even larger ratio of anti-Stokes to Stokes emission.

Figure 3.6b shows the same type of curves as 3.6a, for a different particle under cells that contained ATTO647N. In this case the background prevented the acquisition of luminescence spectra; the particle chosen to draw the figure is representative of the average behavior. We see that in the Stokes case the particle’s signal is barely larger than the fluorescence background from the dye. On the other hand, the anti-Stokes luminescence shows an enhanced contrast, reaching a signal-to-background ratio of more than 20 for this particular nanorod. The background level observed in the Stokes
image increases much faster with dye content than the anti-Stokes background.

More particles under the same conditions were analyzed and their signal to background ratios are shown in Figure B.8. In this case the irradiation intensity was kept at 30kW/cm². The values of the ratio for Stokes and anti-Stokes under non stained cells is similar and span roughly from 5 to 15. It is however important to note that on average the anti-Stokes emission is 10 times weaker than the Stokes one. It is remarkable that staining the cells with ATTO647N does not alter significatively the values obtained for the anti-Stokes emission, while the Stokes emission was not separable from the background.

When the cells containing ATTO647N were used, we observed an increase in the background levels for both Stokes and anti-Stokes emission and these levels also depend on excitation power. This means that the dye shows both components, as is well known from fluorescence hot bands and anti-Stokes Raman scattering. The main difference between nanoparticles and dyes, however, is their quantum yield. While the particles appear to be relatively bright anti-Stokes emitters, in part due to their large absorption cross section, in part due to their plasmon resonance, dyes such as the one employed in this work, are much better Stokes emitters than anti-Stokes. This is the main reason why rods are drowned by the fluorescence background in the Stokes image.

The signal-to-background ratio of the anti-Stokes emission increases with increasing laser excitation powers, going from values close to 2 for 3kW/cm² excitation up to values of 20 for 53kW/cm² as shown in fig 3.6b. However this can't be extrapolated further than the results presented here. It is known that gold nanorods reshape under high irradiation intensities[34]. For high-NA objectives like the one employed in this work, a rule of thumb to prevent reshaping in scanning confocal images is to keep the excitation intensity lower than 150µW at the back aperture of the objective lens (or equivalently a power density of
In the presence of a fluorescent dye, the signal-to-background obtained is higher than in the case without dye. This may be a consequence of the selection of particles with a plasmon more favorable to the anti-Stokes than to the Stokes emission, and couldn’t be avoided by acquiring luminescence spectra since the background was too high. Although we checked the correct focusing on the sample plane both by optimizing the reflection on the glass/water interface and by employing the anti-Stokes signal, it was never possible to observe single particles under high background conditions in the Stokes configuration.

A major concern for the imaging of nanoparticles in cells is the local increase in temperature, widely exploited in plasmonic photothermal therapy (PPTT)[35]. To calculate the raise in temperature induced by irradiating gold nanoparticles in resonance, we calculated the absorption cross section with the ADDA package[36]. A particle with a length of 50 nm and diameter of 23 nm (the average dimensions of the ones employed in this work) has a maximum absorption cross section of 0.0117 µm². At an irradiation intensity of 20 kW/cm² and assuming all the absorbed energy is dissipated into heat gives a total power of 2.3 µW. This value is between 2 and 4 orders of magnitude lower than the reported threshold values for inducing cell death[37, 38].

Moreover we can estimate the temperature of the particle in the steady state by solving the Poisson equation. Assuming a spherical particle of the same volume than the average rod employed in this work and taking into account that the heat conductivity of the particle is much higher than that of the surrounding medium, it is possible to see that the increase in temperature on the surface of the particle follows,

$$\Delta T(r) = \frac{Q_{\text{abs}}}{4\pi\kappa r}$$

Where $Q_{\text{abs}}$ is the absorbed power and $\kappa$ is the heat conductivity of the medium and $r$ is the radius of the particle. By setting $\kappa$ to 0.45 Wm⁻¹ K⁻¹[39], we obtain a temperature increase on the surface of the particle of 25 K at an irradiation intensity of 20 kW/cm². Previous studies reported that the threshold temperature for inducing cell destruction is around a mean value of 74 °C[37] or 50 °C[40]. In our case the increase in temperature is concentrated locally around the nanoparticle; 50 nm away from the surface the temperature increase of the medium is expected to be below 5 °C.

As a control we also performed a viability test of the cells after the imaging process. We observed no difference between the cells that were on top of the imaged nanorods and those which were not, as shown in Figure B.9. The black square depicts the region that was imaged under the confocal microscope, while the rest was never irradiated with the laser. The white light transmission image also does not show any distinguishable changes before and after the imaging process. More rigorous tests of the particles inside cells are needed in order to confirm the harmlessness of the method.

### 3.4. Conclusions

In this work we have demonstrated that anti-Stokes photoluminescence arising from the excitation in (or close to) the plasmon resonance of a gold nanorod can be exploited to image them in biologically relevant conditions[25]. The comparison between the Stokes and anti-Stokes emissions was possible by using particles immobilized on the substrate,
however the technique can be easily extended to imaging in fixed cells, \textit{in vivo} or even for tracking particles in real time\cite{6}.

Extending this technique to wide-field should be possible considering the laser powers employed in this work. EMCCDs provide enough gain\cite{41} to easily detect single nanoparticles, while at the same time the background is sufficiently low to give a high contrast. This extension of the technique would open the possibility to track at higher frame rates than achievable by confocal imaging.

The lower count rate of the anti-Stokes compared to the Stokes emission can be a drawback in such applications as localization\cite{42}. This technique's accuracy depends on the number of photons detected, and is given by \( \approx \frac{1}{\sqrt{N}} \), where \( N \) is the number of photons collected. The count rates obtained in this work are close to 1.5 kCPS, enough in many applications.

We have shown that the signal-to-background ratio of the anti-Stokes emission is higher than that of the Stokes emission. In the case of HeLa cells not containing a fluorescent dye, typical values can be around 10 and 5 respectively for a particle with a resonance at the laser wavelength. For HeLa cells containing ATTO647N the difference is much more pronounced, since most of the particles will have a Stokes emission comparable or lower than the background, while in the anti-Stokes the signal-to-background ratio can still be higher than 10.

The main advantage of the technique presented in this work is that it can be easily implemented in any commercial or home-built microscope. It does not require a high investment in equipment or time, since filters are normally available for common laser wavelengths and there is no further need of modifying any experimental configuration already existent. Moreover all the data analysis techniques employed in confocal or wide-field images for localization, tracking, etc. do not have to be modified.

\textbf{REFERENCES}


