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Yvonne van Amerongen was born in 1987 in Voorburg, the Netherlands. From 1999 to 2005 she went to the gymnasium (pre-university education including Latin and classical studies) at the Interconfessioneel Makeblijde College in Rijswijk. In 2005 she started studying Biology in Leiden University in the direction of Molecular and Cellular Biology, from which she graduated cum laude in 2010. Her doctoral thesis was involved with two studies. The first dealt with the theoretical and qualitative control of metabolites in a Chinese medicinal plant recipe with the aid of High-Performance Liquid Chromatography-UV (HPLC-UV) and Liquid Chromatography-Mass Spectrometry (LC-MS). The second was involved with the identification of lipids in the zebrafish brain with Proton Nuclear Magnetic Resonance (1H NMR) and in vivo magnetic resonance spectroscopy (MRS). The goal was to compare its brain lipid composition with the human brain and therefore test the validity of the zebrafish as a test animal for Alzheimer and Parkinson’s disease in humans, and this research has resulted in an article. In 2011 she started studying Archaeology as her second Master’s degree at Leiden University in the directions Prehistory of North-Western Europe and Archaeobotany, from which she graduated in 2012. Her doctoral thesis was concerned with the identification, analysis, and interpretation of the charred botanical remains from a Linearbandkeramik (LBK) settlement excavated in Stein, the Netherlands. In 2011 she applied for a PhD position in the NWO-funded Farmers of the Coast project at the Faculty of Archaeology, Leiden University. Throughout her PhD she followed many extracurricular courses, published several articles, and presented multiple papers at both national and international conferences. She’s currently working as a palaeo-ecologist on a project basis, but also continues to pursue a scientific career.