Life in Transition investigates the impact of socioeconomic developments on the physical condition of medieval populations in Holland and Zeeland between AD 1000 and 1600 through the analysis of human skeletal remains from three archaeological sites. Focusing on several skeletal indicators of disease, activity, and diet, this research studies the physical consequences of these developments from a hitherto unexplored perspective. The combination of osteoarchaeological information with historical contextual data provides a more detailed image of the influence of change and development on medieval populations, thereby gaining a more complete understanding of lives in transition.
An osteoarchaeological perspective of the consequences of medieval socioeconomic developments in Holland and Zeeland (AD 1000-1600)

Rachel Schats

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