

Cover Page



Universiteit Leiden



The handle <http://hdl.handle.net/1887/38787> holds various files of this Leiden University dissertation.

Author: Koenders, Manja

Title: Tangled up in mood : predicting the disease course of bipolar disorder

Issue Date: 2016-04-07

References

1. Sedler MJ. Falret Discovery - the Origin of the Concept of Bipolar Affective-Illness. *American Journal of Psychiatry*. 1983; 140:1127-33.
2. Geddes JR, Miklowitz DJ. Treatment of bipolar disorder. *Lancet*. 2013; 381:1672-82.
3. Yatham LN, Kennedy SH, Parikh SV, Schaffer A, Beaulieu S, Alda M, et al. Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) collaborative update of CANMAT guidelines for the management of patients with bipolar disorder: update 2013. *Bipolar Disorders*. 2013; 15:1-44.
4. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders : DSM-IV*. 4th ed. Washington, DC: American Psychiatric Association; 1994.
5. Bauer M, Pfennig A. Epidemiology of bipolar disorders. *Epilepsia*. 2005; 46:8-13.
6. Merikangas KR, Jin R, He JP, Kessler RC, Lee S, Sampson NA, et al. Prevalence and correlates of bipolar spectrum disorder in the World Mental Health Survey Initiative. *Archives of General Psychiatry*. 2011; 68:241-51.
7. Pini S, de Queiroz V, Pagnin D, Pezawas L, Angst J, Cassano GB, et al. Prevalence and burden of bipolar disorders in European countries. *European Neuropsychopharmacology*. 2005; 15:425-34.
8. *The World Health Report 2002: Reducing Risks, Promoting Healthy Life*. Geneva, Switzerland: World Health Organization, World Health Organization, 2002.
9. Crump C, Sundquist K, Winkleby MA, Sundquist J. Comorbidities and mortality in bipolar disorder a swedish national cohort study. *JAMA Psychiatry*. 2013; 70:931-9.
10. Pompili M, Gonda X, Serafini G, Innamorati M, Sher L, Amore M, et al. Epidemiology of suicide in bipolar disorders: a systematic review of the literature. *Bipolar Disorders*. 2013; 15:457-90.

11. Gonda X, Pompili M, Serafini G, Montebovi F, Campi S, Dome P, et al. Suicidal behavior in bipolar disorder: Epidemiology, characteristics and major risk factors. *Journal of Affective Disorders*. 2012; 143:16-26.
12. Perlis RH, Ostacher MJ, Patel JK, Marangell LB, Zhang HW, Wisniewski SR, et al. Predictors of recurrence in bipolar disorder: Primary outcomes from the systematic treatment enhancement program for bipolar disorder (STEP-BD). *American Journal of Psychiatry*. 2006; 163:217-24.
13. Simhandl C, König B, Amann BL. A prospective 4-year naturalistic follow-up of treatment and outcome of 300 bipolar i and ii patients. *Journal of Clinical Psychiatry*. 2014; 75:254-63.
14. Solomon DA, Keitner GI, Miller IW, Shea MT, Keller MB. Course of Illness and Maintenance Treatments for Patients with Bipolar Disorder. *Journal of Clinical Psychiatry*. 1995; 56:5-13.
15. Angst J, Gamma A, Sellaro R, Lavori PW, Zhang HP. Recurrence of bipolar disorders and major depression - A life-long perspective. *European Archives of Psychiatry and Clinical Neuroscience*. 2003; 253:236-40.
16. Tohen M, Hennen J, Zarate CM, Baldessarini RJ, Strakowski SM, Stoll AL, et al. Two-year syndromal and functional recovery in 219 cases of first-episode major affective disorder with psychotic features. *American Journal of Psychiatry*. 2000; 157:220-8.
17. Baldessarini RJ, Bolzani L, Cruz N, Jones PB, Lai M, Lepri B, et al. Onset-age of bipolar disorders at six international sites. *Journal of Affective Disorders*. 2010; 121:143-6.
18. Benazzi F. Classifying mood disorders by age-at-onset instead of polarity. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*. 2009; 33:86-93.
19. Angst J, Sellaro R. Historical perspectives and natural history of bipolar disorder. *Biological Psychiatry*. 2000; 48:445-57.
20. Leverich GS, Post RM. Life charting the course of bipolar disorder. *Current Review of Mood and Anxiety Disorders*. 1996; 148-61.
21. Post RM, Roybyrne PP, Uhde TW. Graphic representation of the life course of illness in patients with affective-disorder. *American Journal of Psychiatry*. 1988; 145:844-8.
22. Sachs GS, Thase ME, Otto MW, Bauer M, Miklowitz D, Wisniewski SR, et al. Rationale, design, and methods of the systematic treatment enhancement program for bipolar disorder (STEP-BD). *Biological Psychiatry*. 2003; 53:1028-42.

23. Leverich GS, Nolen WA, Rush AJ, McElroy SL, Keck PE, Denicoff KD, et al. The Stanley Foundation Bipolar Treatment Outcome Network I. Longitudinal methodology. *Journal of Affective Disorders*. 2001; 67:33-44.
24. Goetz I, Tohen M, Reed C, Lorenzo M, Vieta E. Functional impairment in patients with mania: baseline results of the EMBLEM study. *Bipolar Disorders*. 2007; 9:45-52.
25. Vieta E, Gasto C, Otero A, Nieto E, Vallejo J. Differential features between bipolar I and bipolar II disorder. *Comprehensive Psychiatry*. 1997; 38:98-101.
26. Mantere O, Suominen K, Valtonen HM, Arvilommi P, Leppamaki S, Melartin T, et al. Differences in outcome of DSM-IV bipolar I and II disorders. *Bipolar Disorders*. 2008; 10:413-25.
27. Judd LL, Akiskal HS, Schettler PJ, Coryell W, Maser J, Rice JA, et al. The comparative clinical phenotype and long term longitudinal episode course of bipolar I and II: a clinical spectrum or distinct disorders? *Journal of Affective Disorders*. 2003; 73:19-32.
28. Uher R, Mantere O, Suominen K, Isometsa E. Typology of clinical course in bipolar disorder based on 18-month naturalistic follow-up. *Psychological Medicine*. 2013; 43:789-99.
29. Vieta E, Berk M, Wang W, Colom F, Tohen M, Baldessarini RJ. Predominant previous polarity as an outcome predictor in a controlled treatment trial for depression in bipolar I disorder patients. *Journal of Affective Disorders*. 2009; 119:22-7.
30. Nolen WA, Luckenbaugh DA, Altshuler LL, Suppes T, McElroy SL, Frye MA, et al. Correlates of 1-year prospective outcome in bipolar disorder: Results from the Stanley foundation bipolar network. *American Journal of Psychiatry*. 2004; 161:1447-54.
31. Johnson SL, Cueller AK, Ruggero C, Winett-Perlman C, Goodnick P, White R, et al. Life events as predictors of mania and depression in bipolar I disorder. *Journal of Abnormal Psychology*. 2008; 117:268-77.
32. Christensen EM, Gjerris A, Larsen JK, Bendtsen BB, Larsen BH, Rolff H, et al. Life events and onset of a new phase in bipolar affective disorder. *Bipolar Disorders*. 2003; 5:356-61.
33. Cohen AN, Hammen C, Henry RM, Daley SE. Effects of stress and social support on recurrence in bipolar disorder. *Journal of Affective Disorders*. 2004; 82:143-7.

34. Greenberg S, Rosenblum KL, McInnis MG, Muzik M. The role of social relationships in bipolar disorder: A review. *Psychiatry Research*. 2014; 219:248-54.
35. Henin A, Micco JA, Wozniak J, Briesch JM, Narayan AJ, Hirshfeld-Becker DR. Neurocognitive Functioning in Bipolar Disorder. *Clinical Psychology-Science and Practice*. 2009; 16:231-50.
36. Torres IJ, Boudreau VG, Yatham LN. Neuropsychological functioning in euthymic bipolar disorder: a meta-analysis. *Acta Psychiatrica Scandinavica*. 2007; 116:17-26.
37. Bora E, Yucel M, Pantelis C. Cognitive endophenotypes of bipolar disorder: a meta-analysis of neuropsychological deficits in euthymic patients and their first-degree relatives. *Journal of Affective Disorders*. 2009; 113:1-20.
38. Kurtz MM, Gerraty RT. A meta-analytic investigation of neurocognitive deficits in bipolar illness: profile and effects of clinical state. *Neuropsychology*. 2009; 23:551-62.
39. Arts B, Jabben N, Krabbendam L, van Os J. Meta-analyses of cognitive functioning in euthymic bipolar patients and their first-degree relatives. *Psychological Medicine*. 2008; 38:771-85.
40. Wichers M, Geschwind N, van Os J, Peeters F. Scars in depression: is a conceptual shift necessary to solve the puzzle? *Psychological Medicine*. 2010; 40:359-65.
41. Malhi GS, Ivanovski B, Hadzi-Pavlovic D, Mitchell PB, Vieta E, Sachdev P. Neuropsychological deficits and functional impairment in bipolar depression, hypomania and euthymia. *Bipolar Disorders*. 2007; 9:114-25.
42. Arts B, Jabben N, Krabbendam L, van Os J. A 2-year naturalistic study on cognitive functioning in bipolar disorder. *Acta Psychiatrica Scandinavica*. 2011; 123:190-205.
43. Kravariti E, Russo M, Vassos E, Morgan K, Fearon P, Zanelli JW, et al. Linear and non-linear associations of symptom dimensions and cognitive function in first-onset psychosis. *Schizophrenia Research*. 2012; 140:221-31.
44. Seal K, Mansell W, Mannion H. What lies between hypomania and bipolar disorder? A qualitative analysis of 12 non-treatment-seeking people with a history of hypomanic experiences and no history of major depression. *Psychology & Psychotherapy: Theory, Research & Practice*. 2008; 81:33-53.
45. Brand S, Gerber M, Puhse U, Holsboer-Trachsler E. 'Bright side' and 'dark side' hypomania are associated with differences in psychological functioning, sleep and

- physical activity in a non-clinical sample of young adults. *Journal of Affective Disorders*. 2011; 131:68-78.
46. Danks D. The supposed competition between theories of human causal inference. *Philosophical Psychology*. 2005; 18:259-72.
47. Haynes SN, O'Brien WH, Kaholokula JK, Witteman C. Concepts of causality in psychopathology: applications in clinical assessment, clinical case formulation and functional analysis. *Journal of Unified Psychotherapy and Clinical Science*. 2012; 1:87-103.
48. Hammen C. Stress generation in depression: reflections on origins, research, and future directions. *Journal of Clinical Psychology*. 2006; 62:1065-82.
49. Liu RT, Alloy LB. Stress generation in depression: A systematic review of the empirical literature and recommendations for future study. *Clinical Psychology Review*. 2010; 30:582-93.
50. Bender RE, Alloy LB, Sylvia LG, Urosevic S, Abramson LY. Generation of life events in bipolar spectrum disorders: a re-examination and extension of the stress generation theory. *J Clin Psychol*. 2010; 66:907-26.
51. Borsboom D, Cramer AOJ. Network analysis: an integrative approach to the structure of psychopathology. *Annual Review of Clinical Psychology*, Vol 9. 2013; 9:91-121.
52. Goekoop R, Goekoop JG. A network view on psychiatric disorders: network clusters of symptoms as elementary syndromes of psychopathology. *PLoS One*. 2014; 9:e112734.
53. Spijker AT, van Rossum EFC, Hoencamp E, DeRijk RH, Haffmans J, Blom M, et al. Functional polymorphism of the glucocorticoid receptor gene associates with mania and hypomania in bipolar disorder. *Bipolar Disorders*. 2009; 11:95-101.
54. Manenschiijn L, Spijker AT, Koper JW, Jetten AM, Giltay EJ, Haffmans J, et al. Long-term cortisol in bipolar disorder: Associations with age of onset and psychiatric co-morbidity. *Psychoneuroendocrinology*. 2012; 37:1960-8.
55. Spijker AT, Giltay EJ, van Rossum EFC, Manenschiijn L, DeRijk RH, Haffmans J, et al. Glucocorticoid and mineralocorticoid receptor polymorphisms and clinical characteristics in bipolar disorder patients. *Psychoneuroendocrinology*. 2011; 36:1460-9.
56. Haro JM, Reed C, Gonzalez-Pinto A, Novick D, Bertsch J, Vieta E, et al. 2-year course of bipolar disorder type I patients in outpatient care: Factors associated with remission and functional recovery. *European Neuropsychopharmacology*.

2011; 21:287-93.

57. Kessing LV, Hansen MG, Andersen PK, Angst J. The predictive effect of episodes on the risk of recurrence in depressive and bipolar disorders - a life-long perspective. *Acta Psychiatrica Scandinavica*. 2004; 109:339-44.

58. Regeer EJ, ten Have M, Rosso ML, Hakkaart-van Roijen L, Vollebergh W, Nolen WA. Prevalence of bipolar disorder in the general population: A Reappraisal Study of the Netherlands Mental Health Survey and Incidence Study. *Acta Psychiatrica Scandinavica*. 2004; 110:374-82.

59. Hamilton M. A rating scale for depression. *J Neurol Neurosurg Psychiatry*. 1960; 23:56-62.

60. Young RC, Biggs JT, Ziegler VE, Meyer DA. A rating scale for mania: reliability, validity and sensitivity. *British Journal of Psychiatry*. 1978; 133:429-35.

61. Denicoff KD, Leverich GS, Nolen WA, Rush AJ, McElroy SL, Keck PE, et al. Validation of the prospective NIMH-Life-Chart Method (NIMH-LCM (TM)-p) for longitudinal assessment of bipolar illness. *Psychological Medicine*. 2000; 30:1391-7.

62. Denicoff KD, SmithJackson EE, Disney ER, Suddath RL, Leverich GS, Post RM. Preliminary evidence of the reliability and validity of the prospective life-chart methodology (LCM-p). *Journal of Psychiatric Research*. 1997; 31:593-603.

63. Born C, Amann BL, Grunze H, Post RM, Scharer L. Saving time and money: a validation of the self ratings on the prospective NIMH Life-Chart Method (NIMH-LCM). *BMC Psychiatry*. 2014; 14:130.

64. Kupka RW, Altshuler LL, Nolen WA, Suppes T, Luckenbaugh DA, Leverich GS, et al. Three times more days depressed than manic or hypomanic in both bipolar I and bipolar II disorder. *Bipolar Disorders*. 2007; 9:531-5.

65. Langosch JM, Drieling T, Biedermann NC, Born C, Sasse J, Bauer H, et al. Efficacy of quetiapine monotherapy in rapid-cycling bipolar disorder in comparison with sodium valproate. *Journal of Clinical Psychopharmacology*. 2008; 28:555-60.

66. Born C, Seitz NN, Grunze H, Vieta E, Dittmann S, Seemuller F, et al. Preliminary results of a fine-grain analysis of mood swings and treatment modalities of bipolar I and II patients using the daily prospective life-chart-methodology. *Acta Psychiatrica Scandinavica*. 2009; 120:474-80.

67. Post RM, Denicoff KD, Leverich GS, Altshuler LL, Frye MA, Suppes TM, et al. Morbidity in 258 bipolar outpatients followed for 1 year with daily prospective

- ratings on the NIMH Life Chart Method. *Journal of Clinical Psychiatry*. 2003; 64:680-90.
68. MacQueen GM, Marriott M, Begin H, Robb J, Joffe RT, Young LT. Subsyndromal symptoms assessed in longitudinal, prospective follow-up of a cohort of patients with bipolar disorder. *Bipolar Disorders*. 2003; 5:349-55.
69. MacQueen GM, Trevor Young L, Marriott M, Robb J, Begin H, Joffe RT. Previous mood state predicts response and switch rates in patients with bipolar depression. *Acta Psychiatrica Scandinavica*. 2002; 105:414-8.
70. Joffe RT, MacQueen GM, Marriott M, Young LT. A prospective, longitudinal study of percentage of time spent ill in patients with bipolar I or bipolar II disorders. *Bipolar Disorders*. 2004; 6:62-6.
71. Joffe RT, MacQueen GM, Marriott M, Young LT. One-year outcome with antidepressant - treatment of bipolar depression. *Acta Psychiatrica Scandinavica*. 2005; 112:105-9.
72. Post RM, Leverich GS, Altshuler LL, Frye MA, Suppes T, McElroy SL, et al. Relationship of prior antidepressant exposure to long-term prospective outcome in bipolar I disorder outpatients. *Journal of Clinical Psychiatry*. 2012; 73:924-30.
73. Goldberg JF, Bowden CL, Calabrese JR, Ketter TA, Dann RS, Frye MA, et al. Six-month prospective life charting of mood symptoms with lamotrigine monotherapy versus placebo in rapid cycling bipolar disorder. *Biological Psychiatry*. 2008; 63:125-30.
74. van Zaane J, van den Brink W, Draisma S, Smit JH, Nolen WA. The effect of moderate and excessive alcohol use on the course and outcome of patients with bipolar disorders: a prospective cohort study. *Journal of Clinical Psychiatry*. 2010; 71:885-93.
75. van Zaane J, van de Ven PM, Draisma S, Smit JH, Nolen WA, van den Brink W. Effect of alcohol use on the course of bipolar disorder: one-year follow-up study using the daily prospective Life Chart method. *Bipolar Disorders*. 2014; 16:400-9.
76. Post RM, Altshuler LL, Frye MA, Suppes T, Rush AJ, Keck PE, et al. Rate of switch in bipolar patients prospectively treated with second-generation antidepressants as augmentation to mood stabilizers. *Bipolar Disorders*. 2001; 3:259-65.
77. Joffe RT, MacQueen GM, Marriott M, Robb J, Begin H, Young LT. Induction of mania and cycle acceleration in bipolar disorder: effect of different classes of antidepressant. *Acta Psychiatrica Scandinavica*. 2002; 105:427-30.

REFERENCES

78. Leverich GS, Altshuler LL, Frye MA, Suppes T, McElroy SL, Keck PE, et al. Risk of switch in mood polarity to hypomania or mania in patients with bipolar depression during acute and continuation trials of venlafaxine, sertraline, and Bupropion as adjuncts to mood stabilizers. *American Journal of Psychiatry*. 2006; 163:232-9.
79. Leverich GS, Post RM, Keck PE, Altshuler LL, Frye MA, Kupka RW, et al. The poor prognosis of childhood-onset bipolar disorder. *Journal of Pediatrics*. 2007; 150:485-90.
80. Post RM, Leverich GS, Kupka RW, Keck PE, McElroy SL, Altshuler LL, et al. Early-Onset Bipolar Disorder and Treatment Delay Are Risk Factors for Poor Outcome in Adulthood. *Journal of Clinical Psychiatry*. 2010; 71:864-72.
81. Denicoff KD, Smith-Jackson EE, Disney ER, Ali SO, Leverich GS, Post RM. Comparative prophylactic efficacy of lithium, carbamazepine, and the combination in bipolar disorder. *Journal of Clinical Psychiatry*. 1997; 58:470-8.
82. Post RA, Denicoff KD, Leverich GS, Altshuler LL, Frye MA, Suppes TM, et al. Presentations of depression in bipolar illness. *Clinical Neuroscience Research*. 2002; 2:142-57.
83. Kupka RW, Luckenbaugh DA, Post RM, Suppes T, Altshuler LL, Keck PE, et al. Comparison of rapid-cycling and non-rapid-cycling bipolar disorder based on prospective mood ratings in 539 outpatients. *American Journal of Psychiatry*. 2005; 162:1273-80.
84. Angst J. The emerging epidemiology of hypomania and bipolar II disorder. *Journal of Affective Disorders*. 1998; 50:143-51.
85. Leverich G, Post R. *The NIMH Life Chart Manual for Recurrent Affective Illness: The LCM™ Clinicians Prospective (LCM-C/P)* Bethesda, Md: NIMH; 2002.
86. Denicoff KD, Ali SO, Sollinger AB, Smith-Jackson EE, Leverich GS, Post RM. Utility of the daily prospective National Institute of Mental Health Life-Chart Method (NIMH-LCM-p) ratings in clinical trials of bipolar disorder. *Depression and Anxiety*. 2002; 15:1-9.
87. Shivakumar G, Bernstein IH, Suppes T, Network SFB. Are bipolar mood symptoms affected by the phase of the menstrual cycle? *Journal of Womens Health*. 2008; 17:473-8.
88. Born C, Amann BL, Grunze H, Post RM, Scharer L. Saving time and money: a validation of the self ratings on the prospective NIMH life-chart method (NIMH-LCM). *Bmc Psychiatry*. 2014; 14.

89. van Bendegem MA, van den Heuvel SC, Kramer LJ, Goossens PJ. Attitudes of Patients With Bipolar Disorder Toward the Life Chart Methodology: A Phenomenological Study. *J Am Psychiatr Nurses Assoc.* 2014.
90. Lieberman DZ, Kelly TF, Douglas L, Goodwin FK. A randomized comparison of online and paper mood charts for people with bipolar disorder. *Journal of Affective Disorders.* 2010; 124:85-9.
91. Angst J, Merikangas K, Scheidegger P, Wicki W. Recurrent brief depression - a new subtype of affective-disorder. *Journal of Affective Disorders.* 1990; 19:87-98.
92. Johnson SL, Roberts JE. Life events and bipolar disorder: implications from biological theories. *Psychological Bulletin.* 1995; 117:434-49.
93. Post RM. Transduction of Psychosocial Stress into the Neurobiology of Recurrent Affective-Disorder. *American Journal of Psychiatry.* 1992; 149:999-1010.
94. Alloy LB, Abramson LY, Urosevic S, Walshaw PD, Nusslock R, Neeren AM. The psychosocial context of bipolar disorder: environmental, cognitive, and developmental risk factors. *Clinical Psychology Review.* 2005; 25:1043-75.
95. Hammen C, Gitlin M. Stress reactivity in bipolar patients and its relation to prior history of disorder. *American Journal of Psychiatry.* 1997; 154:856-7.
96. Ellicott A, Hammen C, Gitlin M, Brown G, Jamison K. Life Events and the Course of Bipolar Disorder. *American Journal of Psychiatry.* 1990; 147:1194-8.
97. Johnson SL, Miller I. Negative life events and time to recovery from episodes of bipolar disorder. *Journal of Abnormal Psychology.* 1997; 106:449-57.
98. Cohen AN, Hammen C, Henry RM, Daley SE. Effects of stress and social support on recurrence in bipolar disorder. *J Affect Disord.* 2004; 82:143-7.
99. Malkoff-Schwartz S, Frank E, Anderson B, Sherrill JT, Siegel L, Patterson D, et al. Stressful life events and social rhythm disruption in the onset of manic and depressive bipolar episodes - A preliminary investigation. *Archives of General Psychiatry.* 1998; 55:702-7.
100. Hunt N, Brucejones W, Silverstone T. Life Events and relapse in bipolar affective-disorder. *Journal of Affective Disorders.* 1992; 25:13-20.
101. Hosang GM, Uher R, Maughan B, McGuffin P, Farmer AE. The role of loss and danger events in symptom exacerbation in bipolar disorder. *Journal of Psychiatric Research.* 2012; 46:1584-9.
102. Joffe RT, Macdonald C, Kutcher SP. Life Events and Mania - a Case-Controlled Study. *Psychiatry Research.* 1989; 30:213-6.

REFERENCES

103. Hall KS, Dunner DL, Zeller G, Fieve RR. Bipolar illness: a prospective study of life events. *Comprehensive Psychiatry*. 1977; 18:497-502.
104. Hosang GM, Korszun A, Jones L, Jones I, McGuffin P, Farmer AE. Life-event specificity: bipolar disorder compared with unipolar depression. *British Journal of Psychiatry*. 2012; 201:458-65.
105. Kim EY, Miklowitz DJ, Biuckians A, Mullen K. Life stress and the course of early-onset bipolar disorder. *Journal of Affective Disorders*. 2007; 99:37-44.
106. Mathew MRK, Chandrasekaran R, Sivakumar V. A Study of Life Events in Mania. *Journal of Affective Disorders*. 1994; 32:157-61.
107. Pardoën D, Bauwens F, Dramaix M, Tracy A, Genevrois C, Staner L, et al. Life events and primary affective disorders - A one year prospective study. *British Journal of Psychiatry*. 1996; 169:160-6.
108. Johnson SL, Cuellar AK, Ruggero C, Winett-Perlman C, Goodnick P, White R, et al. Life events as predictors of mania and depression in bipolar I disorder. *Journal of Abnormal Psychology*. 2008; 117:268-77.
109. Mcpherson H, Herbison P, Romans S. Life events and relapse in established bipolar affective-disorder. *British Journal of Psychiatry*. 1993; 163:381-5.
110. Hammen C. Generation of Stress in the Course of Unipolar Depression. *Journal of Abnormal Psychology*. 1991; 100:555-61.
111. Nusslock R, Abramson LY, Harmon-Jones E, Alloy LB, Hogan ME. A goal-striving life event and the onset of hypomanic and depressive episodes and symptoms: perspective from the behavioral approach system (BAS) dysregulation theory. *Journal of Abnormal Psychology*. 2007; 116:105-15.
112. Baek JH, Park DY, Choi J, Kim JS, Choi JS, Ha K, et al. Differences between bipolar I and bipolar II disorders in clinical features, comorbidity, and family history. *Journal of Affective Disorders*. 2011; 131:59-67.
113. Heun R, Maier W. The distinction of bipolar II disorder from bipolar I and recurrent unipolar depression: results of a controlled family study. *Acta Psychiatrica Scandinavica*. 1993; 87:279-84.
114. Liu JX, Chen YS, Hsieh JC, Su TP, Yeh TC, Chen LF. Differences in white matter abnormalities between bipolar I and II disorders. *Journal of Affective Disorders*. 2010; 127:309-15.
115. Simonsen C, Sundet K, Vaskinn A, Birkenaes AB, Engh JA, Hansen CF, et al. Neurocognitive profiles in bipolar I and bipolar II disorder: differences in pattern and magnitude of dysfunction. *Bipolar Disorders*. 2008; 10:245-55.

116. Vieta E, Colom F, Martinez-Aran A, Benabarre A, Reinares M, Gastó C. Bipolar II disorder and comorbidity. *Comprehensive Psychiatry*. 2000; 41:339-43.
117. Baek JH, Choi J, Park DY, Choi JS, Noh J, Cho EY, et al. Differences in clinical features and comorbidity between bipolar I and bipolar II disorders. *Bipolar Disorders*. 2010; 12:5-.
118. Johnson SL, Sandrow D, Meyer B, Winters R, Miller I, Solomon D, et al. Increases in manic symptoms after life events involving goal attainment. *Journal of Abnormal Psychology*. 2000; 109:721-7.
119. Sheehan DV, Lecrubier Y, Sheehan KH, Amorim P, Janavs J, Weiller E, et al. The Mini-International Neuropsychiatric Interview (MINI): The development and validation of a structured diagnostic psychiatric interview for DSM-IV and ICD-10. *Journal of Clinical Psychiatry*. 1998; 59:22-33.
120. van Vliet IM, de Beurs E. The MINI-International Neuropsychiatric Interview. A brief structured diagnostic psychiatric interview for DSM-IV en ICD-10 psychiatric disorders. *Tijdschrift voor Psychiatrie*. 2007; 49:393-7.
121. Suppes T, Leverich GS, Keck PE, Nolen WA, Denicoff KD, Altshuler LL, et al. The Stanley Foundation Bipolar Treatment Outcome Network II. Demographics and illness characteristics of the first 261 patients. *Journal of Affective Disorders*. 2001; 67:45-59.
122. Paykel ES, Prusoff BA, Uhlenhuth EH. Scaling of life events. *Archives of General Psychiatry*. 1971; 25:340-8.
123. Rush AJ, Trivedi MH, Ibrahim HM, Carmody TJ, Arnow B, Klein DN, et al. The 16-item Quick Inventory of Depressive Symptomatology (QIDS), clinician rating (QIDS-C), and self-report (QIDS-SR): A psychometric evaluation in patients with chronic major depression. *Biological Psychiatry*. 2003; 54:573-83.
124. Roybyrne P, Post RM, Uhde TW, Porcu T, Davis D. The longitudinal course of recurrent affective-illness - life chart data from research patients at the NIMH. *Acta Psychiatrica Scandinavica*. 1985; 71:1-8.
125. Boland EM, Bender RE, Alloy LB, Conner BT, LaBelle DR, Abramson LY. Life events and social rhythms in bipolar spectrum disorders: An examination of social rhythm sensitivity. *Journal of Affective Disorders*. 2012; 139:264-72.
126. Gruber J, Miklowitz DJ, Harvey AG, Frank E, Kupfer D, Thase ME, et al. Sleep matters: sleep functioning and course of illness in bipolar disorder. *Journal of Affective Disorders*. 2011; 134:416-20.
127. Malkoff-Schwartz S, Frank E, Anderson BP, Hlastala SA, Luther JF, Sherrill JT,

- et al. Social rhythm disruption and stressful life events in the onset of bipolar and unipolar episodes. *Psychological Medicine*. 2000; 30:1005-16.
128. Krackow E, Rudolph KD. Life stress and the accuracy of cognitive appraisals in depressed youth. *Journal of Clinical Child and Adolescent Psychology*. 2008; 37:376-85.
129. Shih JH, Eberhart NK. Understanding the impact of prior depression on stress generation: Examining the roles of current depressive symptoms and interpersonal behaviours. *British Journal of Psychology*. 2008; 99:413-26.
130. Mantere O, Melartin TK, Suominen K, Rytsala HJ, Valtonen HM, Arvilommi P, et al. Differences in Axis I and II comorbidity between bipolar I and II disorders and major depressive disorder. *Journal of Clinical Psychiatry*. 2006; 67:584-93.
131. Monroe SM. Modern approaches to conceptualizing and measuring human life stress. *Annual Review of Clinical Psychology*. 2008; 4:33-52.
132. Mcquaid JR, Monroe SM, Roberts JR, Johnson SL, Garamoni GL, Kupfer DJ, et al. Toward the standardization of life stress assessment - definitional discrepancies and inconsistencies in methods. *Stress Medicine*. 1992; 8:47-56.
133. Dohrenwend BP. Inventorying stressful life events as risk factors for psychopathology: Toward resolution of the problem of intracategory variability. *Psychological Bulletin*. 2006; 132:477-95.
134. Castle D, White C, Chamberlain J, Berk M, Berk L, Lauder S, et al. Group-based psychosocial intervention for bipolar disorder: randomised controlled trial. *British Journal of Psychiatry*. 2010; 196:383-8.
135. Colom F, Vieta E, Martinez-Aran A, Reinares M, Goikolea JM, Benabarre A, et al. A randomized trial on the efficacy of group psychoeducation in the prophylaxis of recurrences in bipolar patients whose disease is in remission. *Archives of General Psychiatry*. 2003; 60:402-7.
136. Frank E, Swartz HA, Kupfer DJ. Interpersonal and social rhythm therapy: managing the chaos of bipolar disorder. *Biological Psychiatry*. 2000; 48:593-604.
137. Judd LL, Akiskal HS, Schettler PJ, Endicott J, Maser J, Solomon DA, et al. The long-term natural history of the weekly symptomatic status of bipolar I disorder. *Archives of General Psychiatry*. 2002; 59:530-7.
138. Miklowitz DJ. Adjunctive psychotherapy for bipolar disorder: state of the evidence. *American Journal of Psychiatry*. 2008; 165:1408-19.
139. Reinares M, Sanchez-Moreno J, Fountoulakis KN. Psychosocial interventions in bipolar disorder: What, for whom, and when. *Journal of Affective Disorders*.

2014; 156:46-55.

140. Koenders MA, Giltay EJ, Spijker AT, Hoencamp E, Spinhoven P, Elzinga BM. Stressful life events in bipolar I and II disorder: Cause or consequence of mood symptoms? *Journal of Affective Disorders*. 2014; 161:55-64.

141. Miklowitz DJ, Wisniewski SR, Miyahara S, Otto MW, Sachs GS. Perceived criticism from family members as a predictor of the one-year course of bipolar disorder. *Psychiatry Research*. 2005; 136:101-11.

142. Yan LJ, Hammen C, Cohen AN, Daley SE, Henry RM. Expressed emotion versus relationship quality variables in the prediction of recurrence in bipolar patients. *Journal of Affective Disorders*. 2004; 83:199-206.

143. Helgeson VS. 2 Important distinctions in social support - kind of support and perceived versus received. *Journal of Applied Social Psychology*. 1993; 23:825-45.

144. Kaul M, Lakey B. Where is the support in perceived support? The role of generic relationship satisfaction and enacted support in perceived support's relation to low distress. *Journal of Social and Clinical Psychology*. 2003; 22:59-78.

145. Uchino BN. Understanding the links between social support and physical health: A life-span perspective with emphasis on the separability of perceived and received support. *Perspectives on Psychological Science*. 2009; 4:236-55.

146. Barrera M. Distinctions between social support concepts, measures, and models. *American Journal of Community Psychology*. 1986; 14:413-45.

147. Forgas JP, Bower GH, Krantz SE. The influence of mood on perceptions of social interactions. *Journal of Experimental Social Psychology*. 1984; 20:497-513.

148. Eidelman P, Gershon A, Kaplan K, McGlinchey E, Harvey AG. Social support and social strain in inter-episode bipolar disorder. *Bipolar Disorders*. 2012; 14:628-40.

149. Van Sonderen E. Interacties (SSL-I) en Sociale Steun Lijst - Discrepancies (SSL-D); een handleiding. Groningen: Noordelijk Centrum voor Gezondheidsvraagstukken, Rijksuniversiteit Groningen, 1993.

150. Drogendijk AN, van der Velden PG, Gersons BPR, Kleber RJ. Lack of perceived social support among immigrants after a disaster: comparative study. *British Journal of Psychiatry*. 2011; 198:317-22.

151. Declercq F, Vanheule S, Markey S, Willemsen J. Posttraumatic distress in security guards and the various effects of social support. *Journal of Clinical Psychology*. 2007; 63:1239-46.

152. Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Stant AD,

REFERENCES

- Knegtering H, et al. The effectiveness of peer support groups in psychosis: a randomized controlled trial. *Acta Psychiatrica Scandinavica*. 2008; 118:64-72.
153. Bridges KR, Sanderman R, van Sonderen E. An English language version of the social support list: Preliminary reliability. *Psychological Reports*. 2002; 90:1055-8.
154. Pavlickova H, Varese F, Smith A, Myin-Germeys I, Turnbull OH, Emsley R, et al. The dynamics of mood and coping in bipolar disorder: longitudinal investigations of the inter-relationship between affect, self-esteem and response styles. *PLoS One*. 2013; 8.
155. Galea S, Riddle M, Kaplan GA. Causal thinking and complex system approaches in epidemiology. *International Journal of Epidemiology*. 2010; 39:97-106.
156. Cacioppo JT, Berntson GG, Sheridan JF, McClintock MK. Multilevel integrative analyses of human behavior: Social neuroscience and the complementing nature of social and biological approaches. *Psychological Bulletin*. 2000; 126:829-43.
157. Haber MG, Cohen JL, Lucas T, Baltes BB. The relationship between self-reported received and perceived social support: A meta-analytic review. *American Journal of Community Psychology*. 2007; 39:133-44.
158. Prati G, Pietrantonio L. The relation of perceived and received social support to mental health among first responders: A meta-analytic review. *Journal of Community Psychology*. 2010; 38:403-17.
159. Bisschop MI, Knegsman DMW, Beekman ATF, Deeg DJH. Chronic diseases and depression: the modifying role of psychosocial resources. *Social Science & Medicine*. 2004; 59:721-33.
160. Bolger N, Zuckerman A, Kessler RC. Invisible support and adjustment to stress. *Journal of Personality and Social Psychology*. 2000; 79:953-61.
161. Clinton M, Lunney P, Edwards H, Weir D, Barr J. Perceived social support and community adaptation in schizophrenia. *Journal of Advanced Nursing*. 1998; 27:955-65.
162. Barber JP, Derubeis RJ. On 2nd thought - Where the action is in cognitive therapy for depression. *Cognitive Therapy and Research*. 1989; 13:441-57.
163. Beck AT, Haigh EAP. Advances in cognitive theory and therapy: The generic cognitive model. *Annual Review of Clinical Psychology*, Vol 10. 2014; 10:1-24.
164. Johnson L, Lundstrom O, Aberg-Wistedt A, Mathe AA. Social support in

- bipolar disorder: its relevance to remission and relapse. *Bipolar Disorders*. 2003; 5:129-37.
165. Weinstock LM, Miller IW. Psychosocial predictors of mood symptoms 1 year after acute phase treatment of bipolar I disorder. *Comprehensive Psychiatry*. 2010; 51:497-503.
166. Mcfarlane AH, Bellissimo A, Norman GR. The role of family and peers in social self-efficacy - links to depression in adolescence. *American Journal of Orthopsychiatry*. 1995; 65:402-10.
167. Sowislo JF, Orth U. Does low self-esteem predict depression and anxiety? A meta-analysis of longitudinal studies. *Psychological Bulletin*. 2013; 139:213-40.
168. Johnson SL, Meyer B, Winett C, Small J. Social support and self-esteem predict changes in bipolar depression but not mania. *Journal of Affective Disorders*. 2000; 58:79-86.
169. Dour HJ, Wiley JF, Roy-Byrne P, Stein MB, Sullivan G, Sherbourne CD, et al. Perceived social support mediates anxiety and depressive symptom changes following primary care intervention. *Depression and Anxiety*. 2014; 31:436-42.
170. Lakey B, Cassady PB. Cognitive-processes in perceived social support. *Journal of Personality and Social Psychology*. 1990; 59:337-43.
171. Sarason BR, Pierce GR, Shearin EN, Sarason IG, Waltz JA, Poppe L. Perceived social support and working models of self and actual others. *Journal of Personality and Social Psychology*. 1991; 60:273-87.
172. Blain MD, Thompson JM, Whiffen VE. Attachment and perceived social support in late adolescence: The interaction between working models of self and others. *Journal of adolescent research*. 1993; 8:226-41.
173. Lemay EP, Neal AM. Accurate and biased perceptions of responsive support predict well-being. *Motivation and Emotion*. 2014; 38:270-86.
174. Lakey B, Lutz CL. Increasing social support: Preventive and therapeutic interventions. In: Pierce GR, Sarason BR, Sarason IG, eds. *Handbook of social support and the family*. New York: Plenum, 1996: 435-66.
175. Fan AH, Hassell J. Bipolar Disorder and Comorbid Personality Psychopathology: A Review of the Literature. *Journal of Clinical Psychiatry*. 2008; 69:1794-803.
176. Branje SJT, van Lieshout CFM, van Aken MAG. Relations between Big Five personality characteristics and perceived support in adolescents' families. *Journal of Personality and Social Psychology*. 2004; 86:615-28.

177. Quraishi S, Frangou S. Neuropsychology of bipolar disorder: A review. *Journal of Affective Disorders*. 2002; 72:209-26.
178. Glahn DC, Bearden CE, Niendam TA, Escamilla MA. The feasibility of neuropsychological endophenotypes in the search for genes associated with bipolar affective disorder. *Bipolar Disorders*. 2004; 6:171-82.
179. Robinson LJ, Thompson JM, Gallagher P, Goswami U, Young AH, Ferrier I, et al. A meta-analysis of cognitive deficits in euthymic patients with bipolar disorder. *Journal of Affective Disorders*. 2006; 93:105-15.
180. Henin A, Micco JA, Wozniak J, Briesch JM, Narayan AJ, Hirshfeld-Becker DR. Neurocognitive functioning in bipolar disorder. *Clinical Psychology: Science and Practice*. 2009; 16:231-50.
181. Murphy FC, Sahakian BJ, Rubinsztein JS, Michael A, Rogers RD, Robbins TW, et al. Emotional bias and inhibitory control processes in mania and depression. *Psychological Medicine*. 1999; 29:1307-21.
182. Murphy FC, Rubinsztein JS, Michael A, Rogers RD, Robbins TW, Paykel ES, et al. Decision-making cognition in mania and depression. *Psychological Medicine*. 2001; 31:679-93.
183. Fleck DE, Shear PK, Zimmerman ME, Getz GE, Corey KB, Jak A, et al. Verbal memory in mania: effects of clinical state and task requirements. *Bipolar Disorders*. 2003; 5:375-80.
184. Vellante M, Zucca G, Preti A, Sisti D, Rocchi MBL, Akiskal KK, et al. Creativity and affective temperaments in non-clinical professional artists: an empirical psychometric investigation. *Journal of Affective Disorders*. 2011; 135:28-36.
185. Furnham A, Batey M, Anand K, Manfield J. Personality, hypomania, intelligence and creativity. *Personality and Individual Differences*. 2008; 44:1060-9.
186. Reichenbert A, Weiser M, Rabinowitz J, Caspi A, Schmeidler J, Mark M, et al. A population-based cohort study of premorbid intellectual, language, and behavioral functioning in patients with schizophrenia, schizoaffective disorder, and nonpsychotic bipolar disorder. *The American Journal of Psychiatry*. 2002; 159:2027-35.
187. Zammit S, Allebeck P, David AS, Dalman C, Hemmingsson T, Lundberg I, et al. A longitudinal study of premorbid IQ score and risk of developing schizophrenia, bipolar disorder, severe depression, and other nonaffective psychoses. *Archives of General Psychiatry*. 2004; 61:354-60.

188. Thys E, Sabbe B, De Hert M. Creativity and Psychiatric Illness: The Search for a Missing Link - An Historical Context for Current Research. *Psychopathology*. 2012.
189. Torrent C, Martínez-Arán A, Daban C, Amann B, Balanzá-Martínez V, del Mar Bonnín C, et al. Effects of atypical antipsychotics on neurocognition in euthymic bipolar patients. *Comprehensive Psychiatry*.
190. Donaldson S, Goldstein LH, Landau S, Rayment V, Frangou S. The Maudsley Bipolar Disorder Project: the effect of medication, family history, and duration of illness on IQ and memory in bipolar I disorder. *Journal of Clinical Psychiatry*. 2003; 64:86-93.
191. Stewart SA. The effects of benzodiazepines on cognition. *Journal of Clinical Psychiatry*. 2005; 66:9-13.
192. Jamrozinski K, Gruber O, Kemmer C, Falkai P, Scherk H. Neurocognitive functions in euthymic bipolar patients. *Acta Psychiatrica Scandinavica*. 2009; 119:365-74.
193. Martínez-Arán A, Vieta E, Colom F, Torrent C, Reinares M, Goikolea J, et al. Do cognitive complaints in euthymic bipolar patients reflect objective cognitive impairment? *Psychotherapy and Psychosomatics*. 2005; 74:295-302.
194. Loose R, Kaufmann C, Auer DP, Lange KW. Human prefrontal and sensory cortical activity during divided attention tasks. *Human Brain Mapping*. 2003; 18:249-59.
195. Brouwer WH, Withaar FK, Tant MLM, van Zomeren AH. Attention and driving in traumatic brain injury: a question of coping with time-pressure. *Journal of Head Trauma Rehabilitation*. 2002; 17:1-15.
196. Majer M, Ising M, Kunzel H, Binder EB, Holsboer F, Modell S, et al. Impaired divided attention predicts delayed response and risk to relapse in subjects with depressive disorders. *Psychological Medicine*. 2004; 34:1453-63.
197. Mur M, Portella MJ, Martínez-Arán A, Pifarre J, Vieta E. Persistent neuropsychological deficit in euthymic bipolar patients: Executive function as a core deficit. *Journal of Clinical Psychiatry*. 2007; 68:1078-86.
198. Mur M, Portella MJ, Martínez-Arán A, Pifarre J, Vieta E. Long-term stability of cognitive impairment in bipolar disorder: A 2-year follow-up study of lithium-treated euthymic bipolar patients. *Journal of Clinical Psychiatry*. 2008; 69:712-9.
199. Johnson JA, Zatorre RJ. Neural substrates for dividing and focusing attention

- between simultaneous auditory and visual events. *Neuroimage*. 2006; 31:1673-81.
200. Goodwin GM, Martinez-Aran A, Glahn DC, Vieta E. Cognitive impairment in bipolar disorder: neurodevelopment or neurodegeneration? An ECNP expert meeting report. *European Neuropsychopharmacology*. 2008; 18:787-93.
201. Zimmerman P FB. Test of Attentional Performance, version 2.1. In: Fimm, ed. *Psychologische Testsysteme*. Herzogenrath: PsyNet, 1993.
202. Riecher-Rossler A, Pflueger MO, Aston J, Borgwardt SJ, Brewer WJ, Gschwandtner U, et al. Efficacy of using cognitive status in predicting psychosis: a 7-year follow-up. *Biological Psychiatry*. 2009; 66:1023-30.
203. Hofer A, Niedermayer B, Kemmler G, Rettenbacher MA, Trebo E, Widschwendter CG, et al. Cognitive impairment in schizophrenia: clinical ratings are not a suitable alternative to neuropsychological testing. *Schizophrenia Research*. 2007; 92:126-31.
204. Nolen WA, Dingemans PMAJ. Instruments for measuring mood disorders. *Tijdschrift voor Psychiatrie*. 2004; 46.
205. Merikangas KR, Jin R, He J-P, Kessler RC, Lee S, Sampson NA, et al. Prevalence and correlates of bipolar spectrum disorder in the world mental health survey initiative. *Archives of General Psychiatry*. 2011; 68:241-51.
206. van Vliet IM, de Beurs E. [The MINI-International Neuropsychiatric Interview. A brief structured diagnostic psychiatric interview for DSM-IV en ICD-10 psychiatric disorders]. *Tijdschrift voor Psychiatrie*. 2007; 49:393-7.
207. Leverich GS, Nolen WA, Rush AJ, McElroy SL, Keck PE, Denicoff KD, et al. The Stanley Foundation Bipolar Treatment Outcome Network. I. Longitudinal methodology. *Journal of Affective Disorders*. 2001; 67:33-44.
208. Suppes T, Leverich GS, Keck PE, Nolen WA, Denicoff KD, Altschuler LL, et al. The Stanley Foundation Bipolar Treatment Outcome Network. II. Demographics and illness characteristics of the first 261 patients. *Journal of Affective Disorders*. 2001; 67:45-59.
209. Sanchez-Moreno J, Martinez-Aran A, Colom F, Scott J, Tabares-Seisdedos R, Sugranyes G, et al. Neurocognitive dysfunctions in euthymic bipolar patients with and without prior history of alcohol use. *Journal of Clinical Psychiatry*. 2009; 70:1120-7.
210. Bora E, Yucel M, Pantelis C, Berk M. Meta-analytic review of neurocognition in bipolar II disorder. *Acta Psychiatrica Scandinavica*. 2011; 123:165-74.
211. Torrent C, Martinez-Aran A, Daban C, Amann B, Balanza-Martinez V,

- Bonnin CD, et al. Effects of atypical antipsychotics on neurocognition in euthymic bipolar patients. *Comprehensive Psychiatry*. 2011; 52:613-22.
212. Studentkowski G, Scheele D, Calabrese P, Balkau F, Hoffler J, Aubel T, et al. Cognitive impairment in patients with a schizoaffective disorder: A comparison with bipolar patients in euthymia. *European Journal of Medical Research*. 2010; 15:70-8.
213. Bora E, Yucel M, Pantelis C. Neurocognitive markers of psychosis in bipolar disorder: a meta-analytic study. *Journal of Affective Disorders*. 2010; 127:1-9.
214. Akiskal KK, Akiskal HS. The theoretical underpinnings of affective temperaments: implications for evolutionary foundations of bipolar disorder and human nature. *Journal of Affective Disorders*. 2005; 85:231-9.
215. Pope M, Scott J. Do clinicians understand why individuals stop taking lithium? *Journal of Affective Disorders*. 2003; 74:287-91.
216. Clatworthy J, Bowskill R, Rank T, Parham R, Horne R. Adherence to medication in bipolar disorder: a qualitative study exploring the role of patients' beliefs about the condition and its treatment. *Bipolar Disorders*. 2007; 9:656-64.
217. Cyr AA, Stinchcombe A, Gagnon S, Marshall S, Hing MMS, Finestone H. Driving difficulties of brain-injured drivers in reaction to high-crash-risk simulated road events: A question of impaired divided attention? *Journal of Clinical and Experimental Neuropsychology*. 2009; 31:472-82.
218. Brouwer WH, Withaar FK, Tant ML, van Zomeren AH. Attention and driving in traumatic brain injury: a question of coping with time-pressure. *The Journal of Head Trauma Rehabilitation*. 2002; 17:1-15.
219. Tarr GP, Herbison P, de la Barra SL, Glue P. Study design and patient characteristics and outcome in acute mania clinical trials. *Bipolar Disorders*. 2011; 13:125-32.
220. Mackin P, Targum SD, Kalali A, Rom D, Young AH. Culture and assessment of manic symptoms. *British Journal of Psychiatry*. 2006; 189:379-80.
221. Yatham LN, Torres IJ, Malhi GS, Frangou S, Glahn DC, Bearden CE, et al. The International Society for Bipolar Disorders-Battery for Assessment of Neurocognition (ISBD-BANC). *Bipolar Disorders*. 2010; 12:351-63.
222. Solomon DA, Leon AC, Endicott J, Coryell WH, Li CS, Fiedorowicz JG, et al. Empirical typology of bipolar I mood episodes. *British Journal of Psychiatry*. 2009; 195:525-30.
223. Kalbag AS, Miklowitz DJ, Richards JA. A method for classifying the course of

- bipolar I disorder. *Behavior Therapy*. 1999; 30:355-72.
224. Judd LL, Schettler PJ, Akiskal HS, Maser J, Coryell W, Solomon D, et al. Long-term symptomatic status of bipolar I vs. bipolar II disorders. *International Journal of Neuropsychopharmacology*. 2003; 6:127-37.
225. Kendler KS, Zachar P, Craver C. What kinds of things are psychiatric disorders? *Psychological Medicine*. 2011; 41:1143-50.
226. Kapur S, Phillips AG, Insel TR. Why has it taken so long for biological psychiatry to develop clinical tests and what to do about it? *Molecular Psychiatry*. 2012; 17:1174-9.
227. Cramer AOJ, Borsboom D, Aggen SH, Kendler KS. The pathoplasticity of dysphoric episodes: differential impact of stressful life events on the pattern of depressive symptom inter-correlations. *Psychological Medicine*. 2012; 42:957-65.
228. Koenders MA, Nolen WA, Giltay EJ, Hoencamp E, Spijker AT. The use of the prospective NIMH Life Chart Method as a bipolar mood assessment method in research: A systematic review of different methods, outcome measures and interpretations. *Journal of Affective Disorders*. 2015; 175C:260-8.
229. R Foundation for Statistical Computing V, Austria. R: A language and environment for statistical computing 2014.
230. Csardi G, Nepusz T. The igraph software package for complex network research. *Complex Systems*. 2006; 1695.
231. Cumming G, Finch S. Inference by eye - Confidence intervals and how to read pictures of data. *American Psychologist*. 2005; 60:170-80.
232. Carvalho AF, Dimellis D, Gonda X, Vieta E, McIntyre RS, Fountoulakis KN. Rapid cycling in bipolar disorder: A systematic review. *Journal of Clinical Psychiatry*. 2014; 75:E578-E86.
233. Balazs J, Benazzi F, Rihmer Z, Rihmer A, Akiskal KK, Akiskal HS. The close link between suicide attempts and mixed (bipolar) depression: Implications for suicide prevention. *Journal of Affective Disorders*. 2006; 91:133-8.
234. Robinson LJ, Ferrier IN. Evolution of cognitive impairment in bipolar disorder: a systematic review of cross-sectional evidence. *Bipolar Disorders*. 2006; 8:103-16.
235. Rosa AR, Magalhaes PV, Czepielewski L, Sulzbach MV, Goi PD, Vieta E, et al. Clinical staging in bipolar disorder: focus on cognition and functioning. *Journal of Clinical Psychiatry*. 2014; 75:e450-6.
236. Angst J. Bipolar disorders in DSM-5: strengths, problems and perspectives.

- Int J Bipolar Disord. 2013; 1:12.
237. Severus E, Bauer M. Diagnosing bipolar disorders in DSM-5. *Int J Bipolar Disord.* 2013; 1:14.
238. Akiskal HS, Bourgeois ML, Angst J, Post R, Moller HJ, Hirschfeld R. Re-evaluating the prevalence of and diagnostic composition within the broad clinical spectrum of bipolar disorders. *Journal of Affective Disorders.* 2000; 59:S5-S30.
239. Vieta E, Morralla C. Prevalence of mixed mania using 3 definitions. *Journal of Affective Disorders.* 2010; 125:61-73.
240. Goldberg JF, Perlis RH, Bowden CL, Thase ME, Miklowitz DJ, Marangell LB, et al. Manic symptoms during depressive episodes in 1,380 patients with bipolar disorder: Findings from the STEP-BD. *American Journal of Psychiatry.* 2009; 166:173-81.
241. Cramer AOJ, Waldorp LJ, van der Maas HLJ, Borsboom D. Comorbidity: A network perspective. *Behavioral and Brain Sciences.* 2010; 33:137.
242. Friedman J, Hastie T, Tibshirani R. Sparse inverse covariance estimation with the graphical lasso. *Biostatistics.* 2008; 9:432-41.
243. Myin-Germeys I, Oorschot M, Collip D, Lataster J, Delespaul P, van Os J. Experience sampling research in psychopathology: opening the black box of daily life. *Psychological Medicine.* 2009; 39:1533-47.
244. Csikszentmihalyi M, Larson R. Validity and reliability of the experience-sampling method. *Journal of Nervous and Mental Disease.* 1987; 175:526-36.
245. van de Leemput IA, Wichers M, Cramer AOJ, Borsboom D, Tuerlinckx F, Kuppens P, et al. Critical slowing down as early warning for the onset and termination of depression. *Proceedings of the National Academy of Sciences of the United States of America.* 2014; 111:87-92.
246. Manolio TA, Bailey-Wilson JE, Collins FS. Opinion - Genes, environment and the value of prospective cohort studies. *Nature Reviews Genetics.* 2006; 7:812-20.
247. Gibbons RD, Hedeker D, Elkin I, Waternaux C, Kraemer HC, Greenhouse JB, et al. Some conceptual and statistical issues in analysis of longitudinal psychiatric data - Application to the NIMH Treatment of Depression Collaborative Research-Program dataset. *Archives of General Psychiatry.* 1993; 50:739-50.
248. Hollender MH, Goldin ML. Funeral Mania. *Journal of Nervous and Mental*

REFERENCES

Disease. 1978; 166:890-2.

249. Krishnan KRR, Swartz MS, Larson MJ, Santoliquido G. Funeral mania in recurrent bipolar affective-disorders - Reports of 3 cases. *Journal of Clinical Psychiatry*. 1984; 45:310-1.
250. Weiss RB, Stange JP, Boland EM, Black SK, LaBelle DR, Abramson LY, et al. Kindling of life stress in bipolar disorder: comparison of sensitization and autonomy models. *Journal of Abnormal Psychology*. 2015; 124:4-16.
251. Simhandl C, Radua J, Konig B, Amann BL. The prevalence and effect of life events in 222 bipolar I and II patients: a prospective, naturalistic 4 year follow-up study. *Journal of Affective Disorders*. 2015; 170:166-71.
252. Staufenbiel SM, Koenders MA, Giltay EJ, Elzinga BM, Manenschijs L, Hoencamp E, et al. Recent negative life events increase hair cortisol concentrations in patients with bipolar disorder. *Stress-the International Journal on the Biology of Stress*. 2014; 17:451-9.
253. Bender RE, Alloy LB. Life stress and kindling in bipolar disorder: review of the evidence and integration with emerging biopsychosocial theories. *Clinical Psychology Review*. 2011; 31:383-98.
254. Kemner SM, van Haren NE, Bootsman F, Eijkemans MJ, Vonk R, van der Schot AC, et al. The influence of life events on first and recurrent admissions in bipolar disorder. *Int J Bipolar Disord*. 2015; 3:6.
255. Martino DJ, Strejilevich SA, Marengo E, Igoa A, Fassi G, Teitelbaum J, et al. Relationship between neurocognitive functioning and episode recurrences in bipolar disorder. *Journal of Affective Disorders*. 2013; 147:345-51.
256. Wals M, Hillegers MHJ, Reichart CG, Ormel J, Nolen WA, Verhulst FC. Prevalence of psychopathology in children of bipolar parents. *Acta Neuropsychiatrica*. 2000; 12:144-.
257. Johnson SL, Fingerhut R. Negative cognitions predict the course of bipolar depression, not mania. *Journal of Cognitive Psychotherapy*. 2004; 18:149-62.