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Aspects of Methodology in Assessing Inflammation and Damage in Rheumatoid Arthritis and Axial Spondyloarthritis

1. The methodology underlying the interpretation of the assessment of inflammation or damage in rheumatic diseases may be as important as the assessment itself. *(this thesis)*

2. In rheumatoid arthritis, indices are preferred over separate components to assess disease activity. *(this thesis)*

3. In axial spondyloarthritis, inflammation on magnetic resonance imaging is longitudinally associated with clinical disease activity only in males, but not in females. *(this thesis)*

4. Damage visible on radiographs of hands and feet interferes with important aspects of physical function in patients with rheumatoid arthritis. *(this thesis)*

5. Reliability is an intrinsic characteristic to select the most appropriate tool for assessing outcome in rheumatic diseases. *(Boers et al. The OMERACT handbook)*

6. The calculation of disease activity indices may require regular adaptations after the implementation of new laboratory techniques that are part of the index. *(Boers et al. The OMERACT handbook)*


8. There are many ways to practice rheumatology. *(Duró et al. Rev Esp Reumatol 2004;31:417-8)*

9. If one only focuses on the container, it is easy to miss the content.

10. Living in different countries makes you a more flexible person.

11. I can accept failure, everyone fails at something. But I can’t accept not trying. *(Michael Jordan)*

12. Things always happen for good reasons.

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